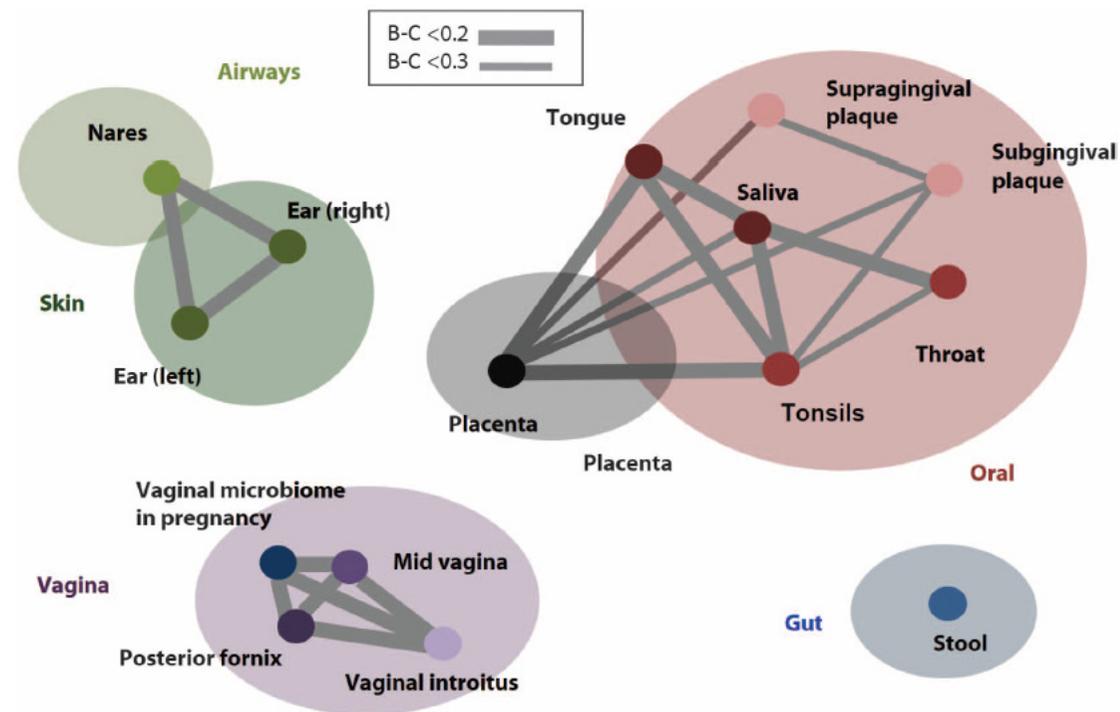


MICROBIOME

The Placenta Harbors a Unique Microbiome

Kjersti Aagaard,^{1,2,3*} Jun Ma,^{1,2} Kathleen M. Antony,¹ Radhika Ganu,¹ Joseph Petrosino,⁴ James Versalovic⁵

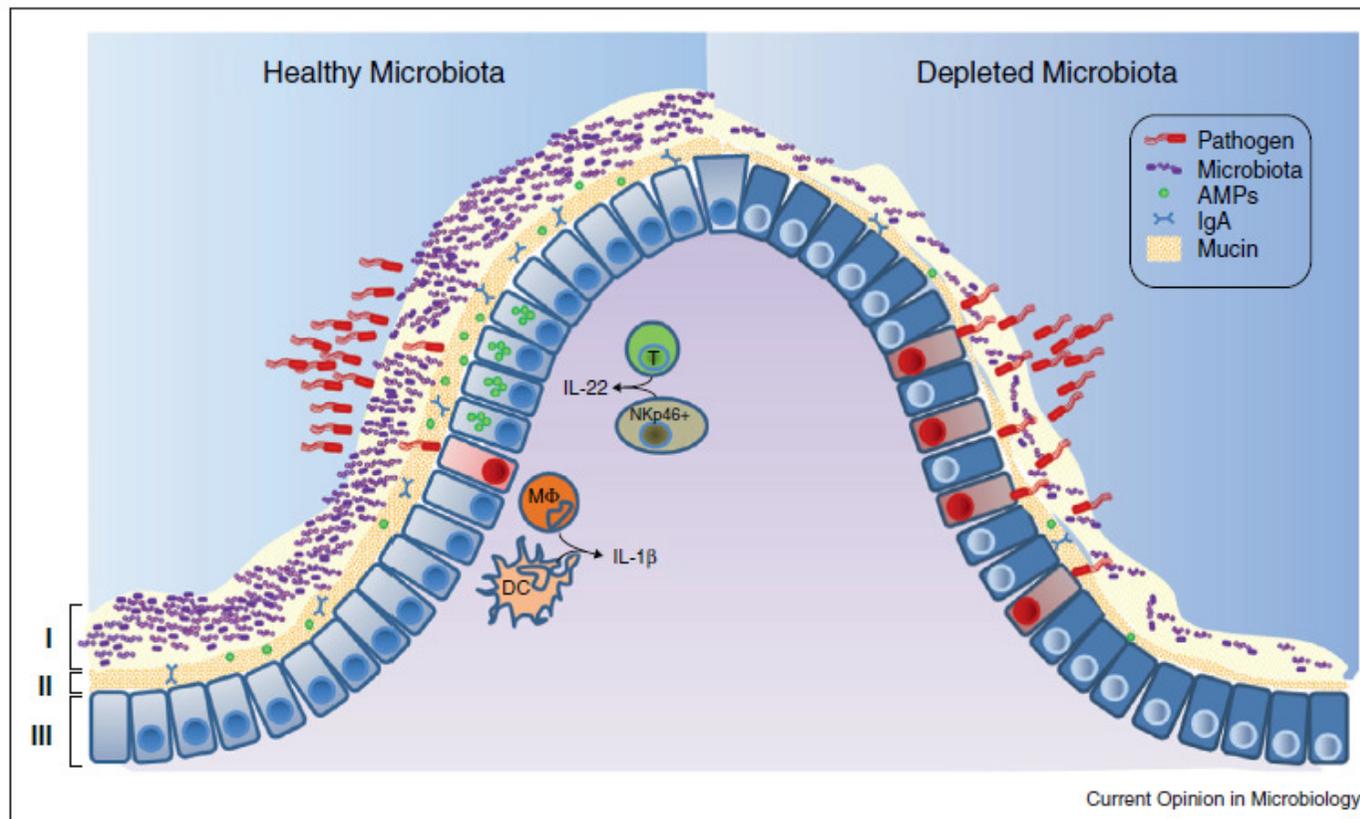
A population-based cohort of placental specimens collected under sterile conditions from **320 subjects** with extensive clinical data was established for comparative 16S ribosomal DNA–based and whole-genome shotgun (WGS) metagenomic studies. **Identified taxa and their gene carriage patterns were compared to other human body site niches, including the oral, skin, airway (nasal), vaginal, and gut microbiomes from nonpregnant controls.**



The placental microbiome has a taxonomic profile that is similar to the oral microbiome

Bray-Curtis (B-C) dissimilarity was calculated using WGS-generated phylum-level abundance of bacteria from each body site, including placental data from this study; gut, vagina, posterior auricular skin, and nasal airways data from the HMP; and vaginal data from previously published gravidae (1–4). **The thicker blue connecting line, the greater the similarity of the taxonomic profile** (Bray-Curtis < 0.2). Strong phylumlevel similarity was observed between the placenta and tongue, tonsils, saliva, and subgingival plaque taxonomic profiles. The colors of dots reflect the vicinity of the body sites.

Microbiota and human health



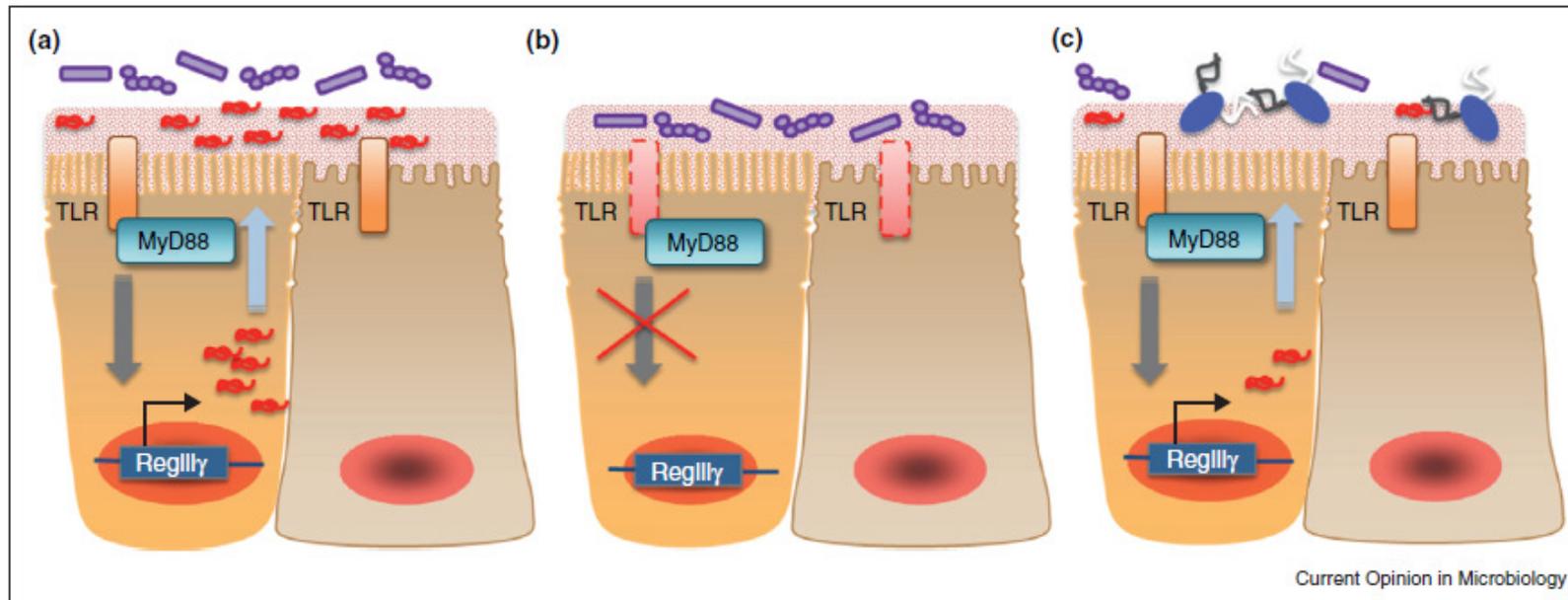
The intestinal microbiota promotes three levels of protection against enteric infection. **(I)** Saturation of colonization sites and competition for nutrients by the microbiota limit pathogen association with host tissue. **(II)** Commensal microbes prime barrier immunity by driving expression of mucin, immunoglobulin A (IgA) and antimicrobial peptides (AMPs) that further prevents pathogen contact with host mucosa. **(III)** Finally, the microbiota enhances immune responses to invading pathogens. This is achieved by promoting IL-22 expression by T cells and NKp46+ cells, which increases epithelial resistance against infection, as well as priming secretion of IL-1 β by intestinal monocytes (M ϕ) and dendritic cells (DCs), which promotes recruitment of inflammatory cells into the site of infection. In conditions in which the microbiota is absent, such as following antibiotic treatment, there is reduced competition, barrier resistance and immune defense against pathogen invasion.

... **certain enteric pathogens** are able to outcompete commensal microbes by actively triggering host inflammation which favors pathogen invasion and dissemination.

C. rodentium, *Campylobacter jejuni*, and *Salmonella enterica* serovar Typhimurium (STm) appear to induce inflammation as part of their infectious process, and increasing intestinal inflammation actually promotes disease.

Further, these reports surprisingly demonstrate that **pathogen-induced inflammation** adversely affects the microbiota, **reducing the numbers of beneficial bacteria**, which protect us from infections.

Collectively, there is growing evidence for the notion that pathogens and symbiotic bacteria are engaged in an 'evolutionary combat', with the host serving as the battlefield.



The commensal microbiota primes barrier immunity. Direct stimulation of epithelial Toll-like receptors (TLRs) by commensal MAMPs primes expression of RegIII γ (a). Production of RegIII γ is essential to limit microbial contact with host mucosa. As such, defects in TLR function results in deficient RegIII γ expression resulting in an increased association of commensal microbes with host tissue as well as a heightened risk of infection with enteric pathogens (b). Additionally, reduced TLR stimulation as a consequence of the depletion of the microbiota is sufficient to reduce RegIII γ expression and render the host susceptible to infection (c).

RegIII γ

is a C-type lectin that possesses antimicrobial activity against Gram-positive microbes.

MAMPs

Microbial associated molecular patterns

TLRs

pathogen recognition receptors

...the *Missing Microbes* theory

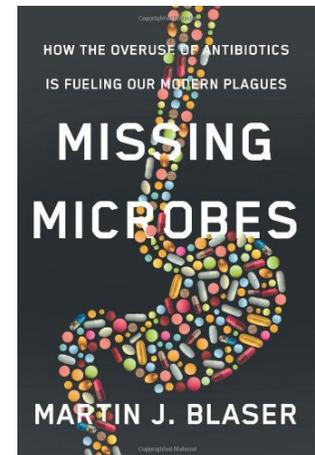
how the Overuse of Antibiotics Is Fueling Our Modern Plagues

“modern plagues”:

obesity, childhood diabetes, asthma, hay fever, food allergies, esophageal reflux and cancer, celiac disease, Crohn’s disease, ulcerative colitis, autism, eczema.

Unlike most lethal plagues of the past that struck relatively fast and hard, these are chronic conditions that diminish and degrade their victims’ quality of life for decades.

Missing Microbes
Martin J. Blaser (2014)



In US over a million pregnant women are Group B strep-positive and all will get intravenous penicillin during labor to prevent their babies from acquiring Group B strep. **But only 1 in 200 babies actually gets ill from Group B strep acquired from his or her mother. To protect 1 child, we are exposing 199 others to antibiotics. There must be a better way.**

When penicillin had no perceived cost other than occasional allergies, massive overtreatment did not seem like a problem. **But what if changing microbial compositions affect the baby's metabolic, immunologic, and/or cognitive development? ... such fears have a real basis.**

In ecology, *biome* refers to the sets of plants and animals in a community such as a jungle, forest, or coral reef. An enormous diversity of species ... interact to form complex webs of mutual support. When a keystone species disappears or goes extinct the ecology suffers. It can even collapse.

Each of us host a similarly diverse ecology of microbes that has **coevolved with our species** over millennia./.../ The microbes that constitute your microbiome are generally acquired early in life; surprisingly, by the age of three, the populations within children resemble those of adults. **Together, they play a critical role in your immunity as well as your ability to combat disease. In short, it is your microbiome that keeps you healthy. And parts of it are disappearing.**

**Early life exposure to
Antibiotic treatments**

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graph TD; A[Early life exposure to Antibiotic treatments] --> B["modern plagues"]; B --- C[obesity, childhood diabetes, asthma, hay fever, food allergies, esophageal reflux and cancer, celiac disease, Crohn's disease, ulcerative colitis, autism, eczema.];
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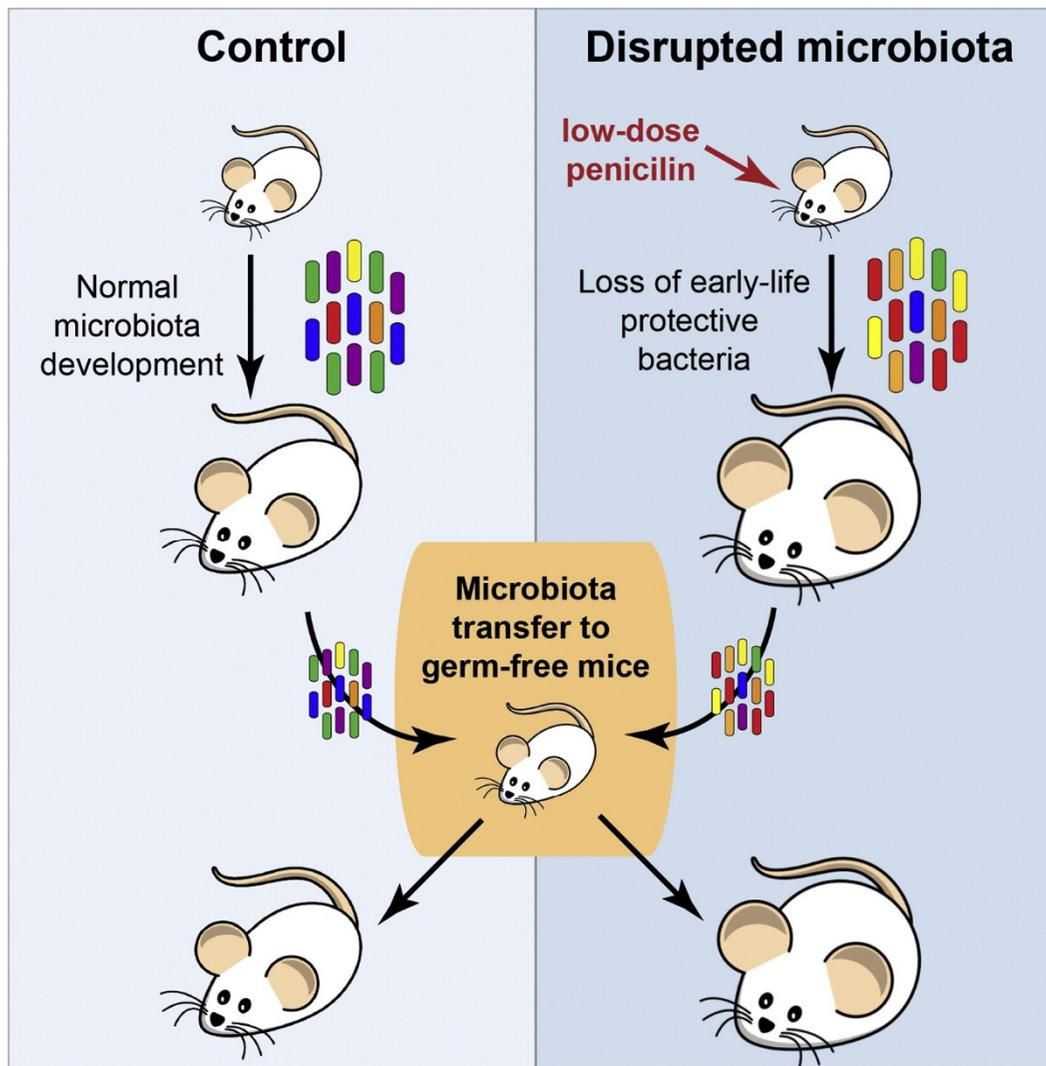


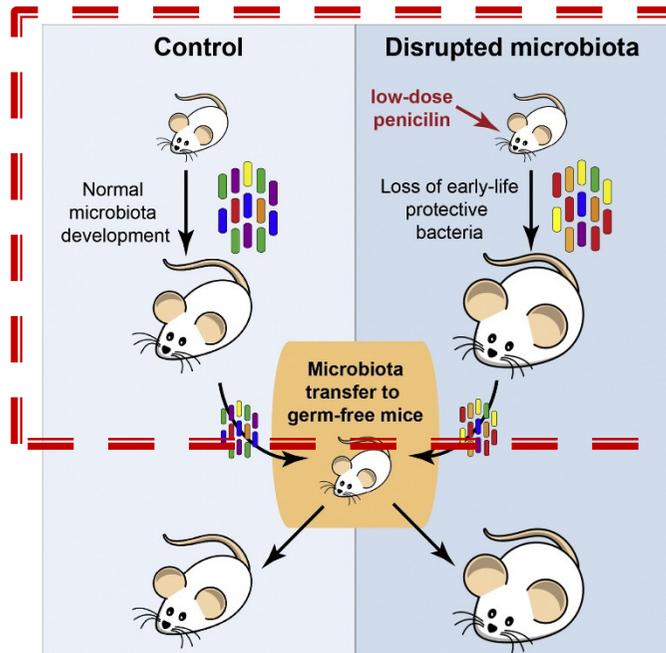
“modern plagues”

obesity, childhood diabetes, asthma, hay fever, food allergies, esophageal reflux and cancer, celiac disease, Crohn’s disease, ulcerative colitis, autism, eczema.

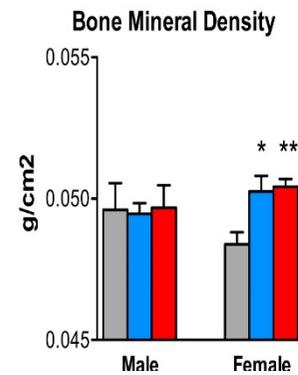
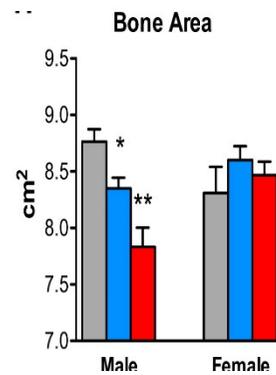
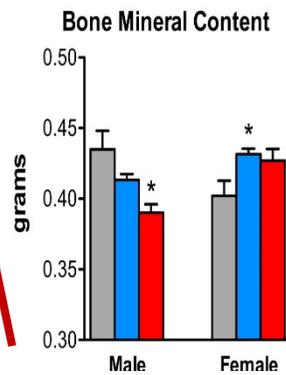
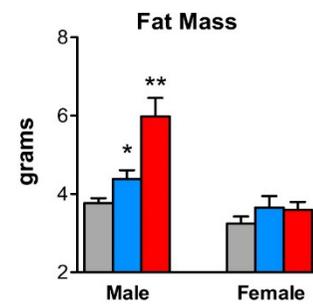
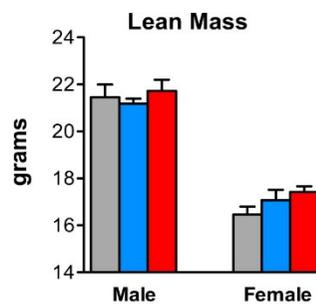
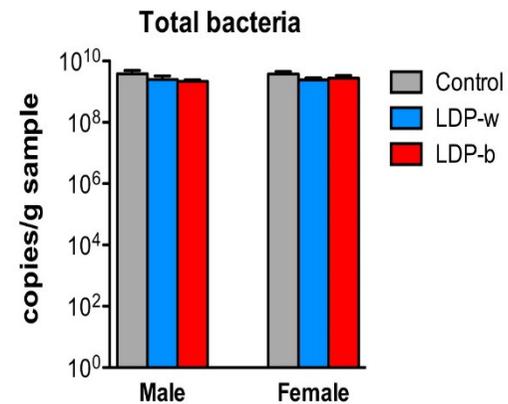
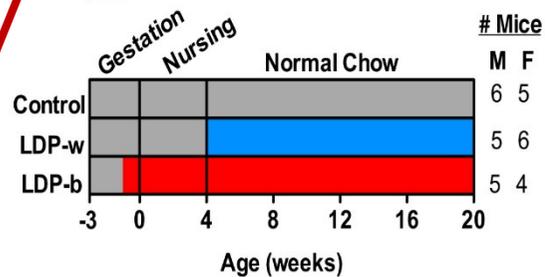
Altering the Intestinal Microbiota during a Critical Developmental Window Has Lasting Metabolic Consequences

Laura M. Cox,^{1,2} Shingo Yamanishi,² Jiho Sohn,² Alexander V. Alekseyenko,^{2,3} Jacqueline M. Leung,¹ Ilseung Cho,² Sungheon G. Kim,⁴ Huilin Li,⁵ Zhan Gao,² Douglas Mahana,¹ Jorge G. Zárata Rodríguez,⁷ Arlin B. Rogers,⁶ Nicolas Robine,⁸ P'ng Loke,¹ and Martin J. Blaser^{1,2,9,*}



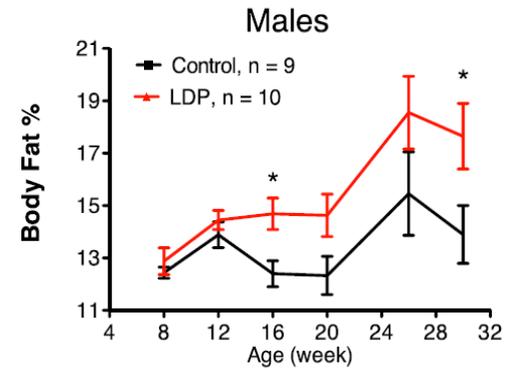
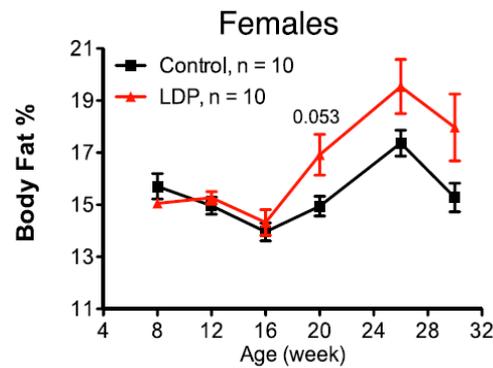
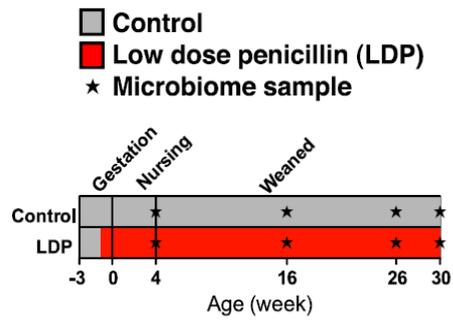
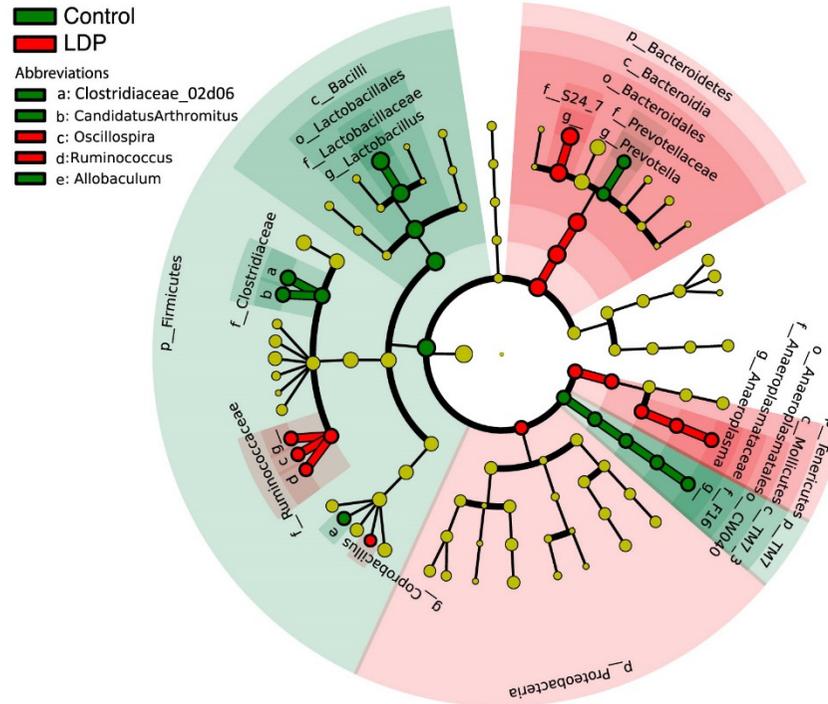


- No Antibiotics
- Low-dose penicillin at weaning
- Low-dose penicillin at birth

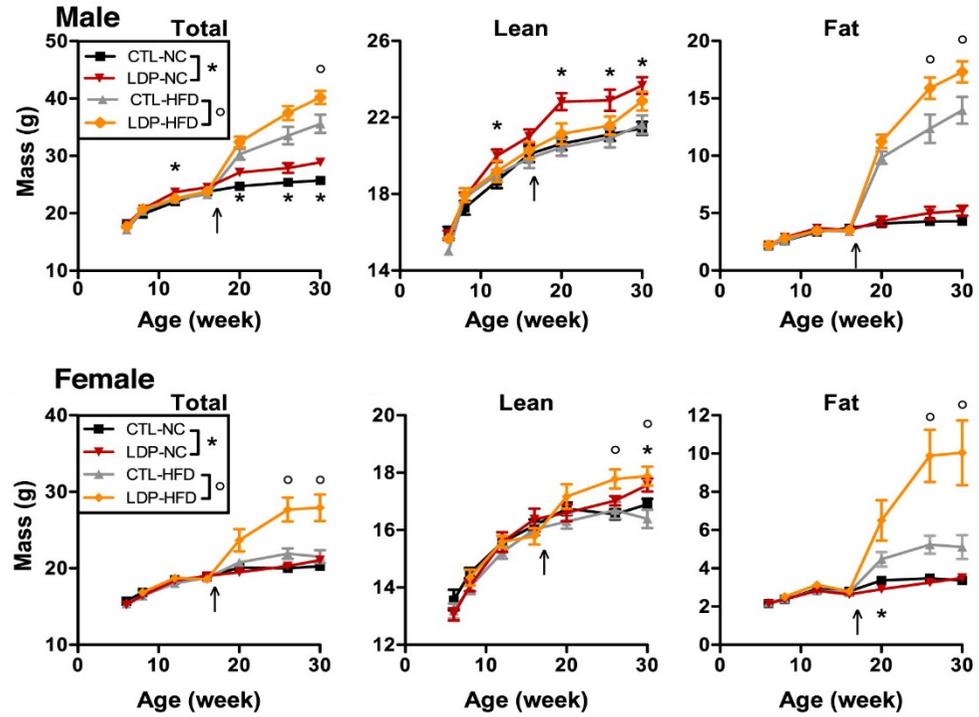
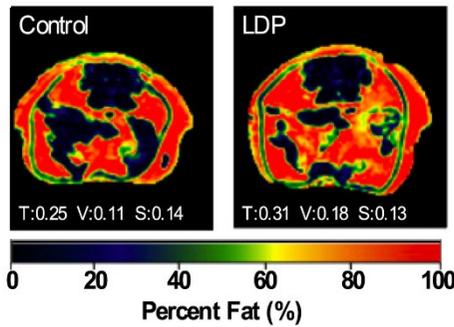
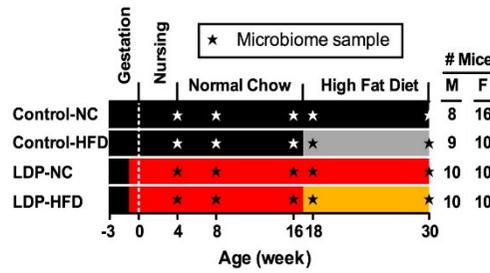


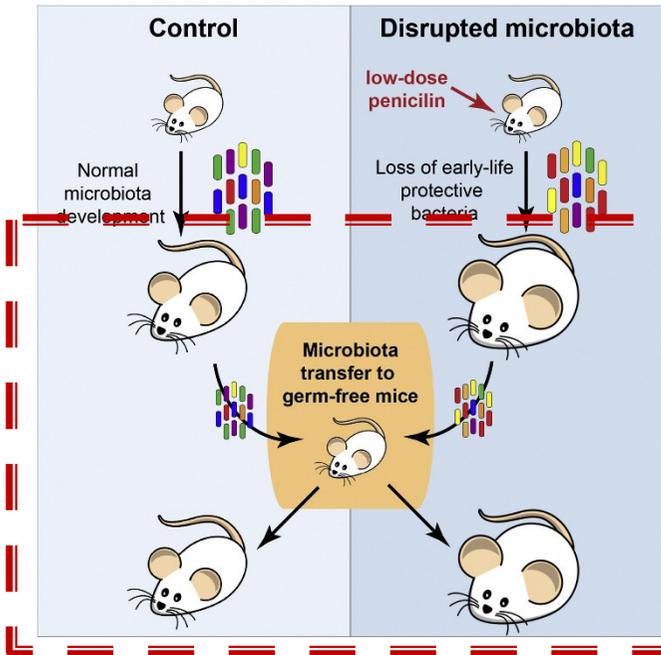
Dynamics of Microbiota and Adiposity Changes over 30 Weeks of Life

Enriched taxa in 4-week fecal samples

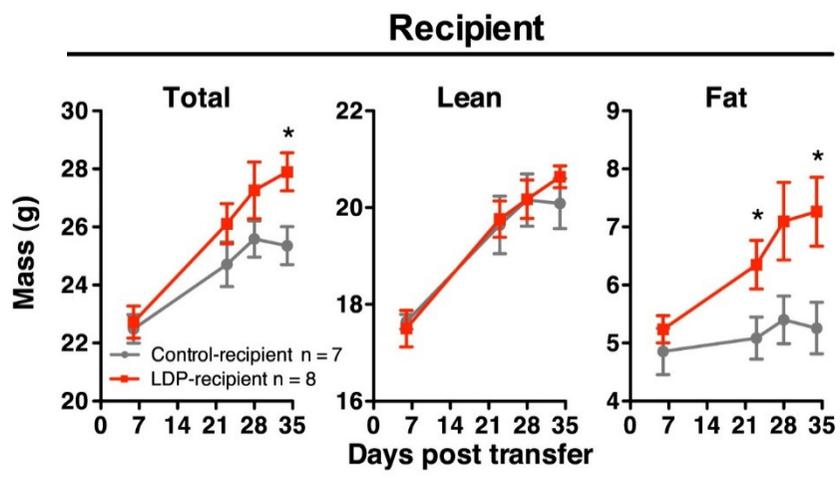
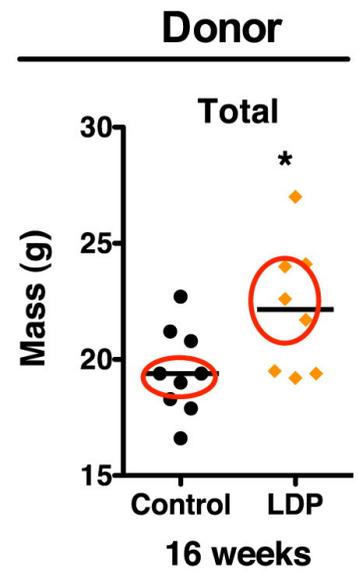


Interaction between Low-Dose Penicillin and Dietary Excess





To eliminate the direct effects of penicillin, we transferred cecal microbiota from 18-week-old female control or LDP mice to 3-week-old female germ-free mice.

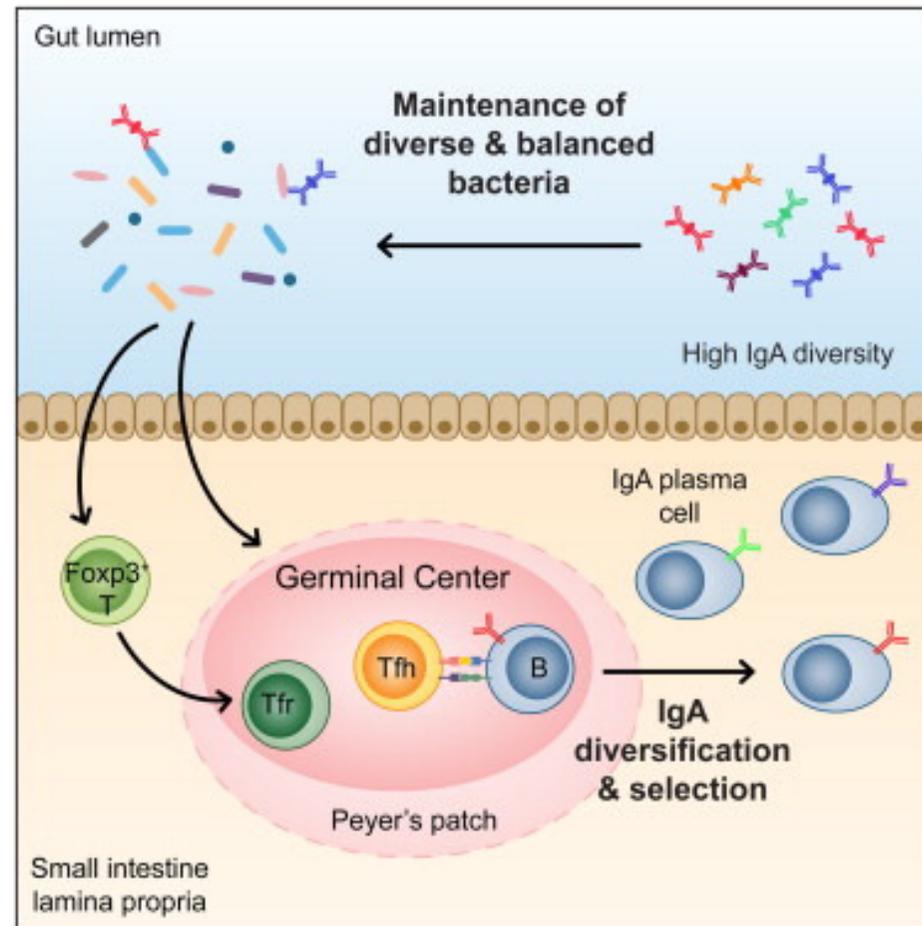


Foxp3⁺ T Cells Regulate Immunoglobulin A Selection and Facilitate Diversification of Bacterial Species Responsible for Immune Homeostasis

Shimpei Kawamoto,^{1,6} Mikako Maruya,^{1,6} Lucia M. Kato,^{1,6} Wataru Suda,⁴ Koji Atarashi,² Yasuko Doi,¹ Yumi Tsutsui,¹ Hongyan Qin,^{1,5} Kenya Honda,² Takaharu Okada,³ Masahira Hattori,⁴ and Sidonia Fagarasan^{1,*}

Immunity
CellPress
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The differentiation of Foxp3⁺ T cells into Tfr cells is required for the IgA's selection in GCs; the amount and quality of IgAs directly influence the diversity and phylogenetic structure of bacterial communities; **rich and balanced Mb induce maturation of the gut immune system** by promoting Foxp3⁺ T cells and IgAs; and in turn, the Foxp3⁺ T cells and IgAs, through controlled diversification of stimulatory bacterial species, establish a **self-regulatory loop mediating host-bacterial mutualism**. Thus, it appears that **the adaptive immune system contributes to the maintenance, rather than elimination, of complex microbial communities** that probably enrich the genomic and metabolic capacity of the host, which is required for **gut homeostasis and health**.



Tfr Cells and IgA Join Forces to Diversify the Microbiota

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Immunity



July 2014

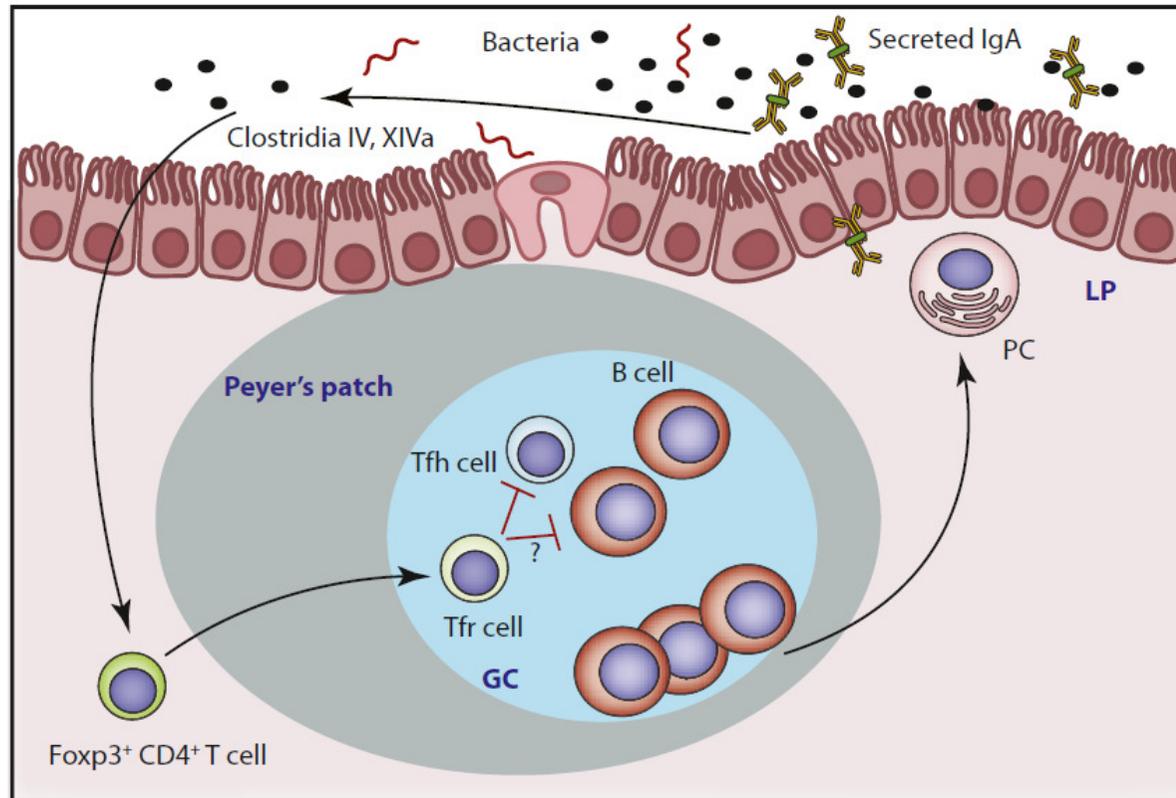


Figure 1. Symbiotic Feedback Loop of IgA Selection and Microbiota Diversification

Foxp3⁺CD4⁺ T cells (lower left) give rise to T follicular regulatory (Tfr) cells that control Tfh cell proliferation and the germinal center (GC) reaction. Tfh cells mediate class switch recombination and somatic hypermutation. In the absence of Tfr cells, Tfh cells are uncontrolled and can also induce the proliferation of B cells carrying polyreactive IgA. IgA-B cells proliferate and migrate to the lamina propria (LP) of intestinal villi where they become plasma cells (PCs). Plasma cells release dimeric IgAs that are translocated across epithelial cells through the pIgR. Affinity-matured IgAs foster microbiota diversity, and in particular the expansion of firmicutes (Clostridia cluster IV and XIVa) that in turn drive the development of Foxp3⁺ T cells, thus initiating a mutualistic feedback loop.

It remains to be established how IgAs are selecting the microbiota. One speculation is that **IgAs allow the microbiota to attach to the mucus layer, thus avoiding bacterial wash out in the intestinal bolus and allowing access to the nutrients released by the epithelium.**

Hence, IgAs play a major role in shaping rather than in eliminating the microbiota.

microbiological perspective

Blazer group

Early life exposure to antibiotics



Reduction of microbial diversity in GIT



Long term effects and metabolic consequences (*modern plagues*)

immunological perspective

Fagarasan and Rescigno groups

Early life exposure to a complex microbiota



Foxp3+T cells-mediated High IgA diversity



IgAs diversity play a major role in shaping a complex microbiota required for gut homeostasis and health