

# COMBINAZIONI A DOSE FISSA DI FARMACI: ASPETTI CLINICI, FORMULATIVI E REGOLATORI

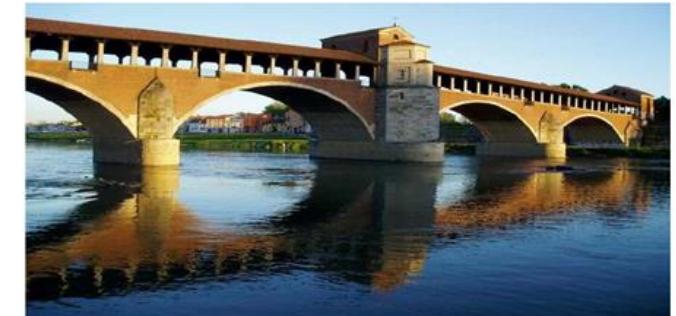


*Combinazioni terapeutiche a dosi fisse:  
dal dossier farmaceutico all'Autorizzazione  
all'Immissione in Commercio*



*Giovanna Cangiano  
Almitall S.p.A., Milano*

*Carla M Caramella  
Università di Pavia*



## DEFINITION

Two or more API combined  
in fixed doses in a single  
dosage form



## THERAPEUTIC ADVANTAGES

NEW COMBINATION

SUBSTITUTION THERAPY



## TECHNOLOGICAL CHALLENGES & INNOVATION

CHEMICAL COMPATIBILITY,  
RELEASE KINETICS,  
VARIABILITY



DRUG SEPARATION

# Guidelines

- 1. Guideline on ***clinical development of fixed combination*** medicinal products, CHMP/EWP/240/95 Rev. 1 (19 February 2009)
- 2. ***Concept paper*** on the need to revise the Guideline on the clinical development of fixed dose combinations of medicinal products regarding dossier content requirements, EMA/CHMP/779887/2012 (11 February 2013)
- 3. Guideline on ***clinical development of fixed combination*** medicinal products, EMA/CHMP/158268/2017 (23 March 2017)
- 4. Guideline on clinical investigation of medicinal products in the ***treatment of hypertension*** – 9.Fixed-dose combinations, EMA/CHMP/29947/2013/Rev. 4 (23 June 2016)
- 5. ....

- ❖ No ***specific guidelines*** are available for the fixed-dose combination related to quality issues, meaning that the existing guidelines apply to pharmaceutical development!
- ❖ What are the ***basic information*** needed and ***requirements*** to be fulfilled!?

## *From a regulatory perspective..*

EMA/CHMP/158268/2017

The ***basic scientific requirements for any fixed combination medicinal product*** are:

1. Justification of the pharmacological and medical ***rationale*** for the combination.
2. Establishment of the ***evidence base*** for the:
  - a. ***relevant contribution*** of all active substances to the desired therapeutic effect (efficacy and/or safety);
  - b. ***positive benefit-risk*** for the combination in the targeted indication.
3. ***Demonstration*** that the ***evidence*** presented - if based on combined administration of separate active substances - ***is relevant to the fixed combination medicinal product*** for which the application is made.

# *From a regulatory perspective..*

EMA/CHMP/158268/2017

***The therapeutic scenarios in which fixed combination medicinal products may be used are as follows:***

- ***Add-on treatment*** of patients insufficiently responding to an existing therapy with one or more active substances
- ***Substitution therapy*** in patients adequately controlled with two or more active substances used in combination
- ***Initial combination therapy*** for patients receiving previously neither of the substance
- ***Additional requirements*** for development of fixed combination medicinal products with new **active substance(s) (NASs)**

# *Guidelines*

- 1. Guideline on clinical development of fixed combination medicinal products, CHMP/EWP/240/95 Rev. 1 (19 February 2009)
- 2. Concept paper on the need to revise the Guideline on the clinical development of fixed dose combinations of medicinal products regarding dossier content requirements, EMA/CHMP/779887/2012 (11 February 2013)
- 3. Guideline on clinical development of fixed combination medicinal products, EMA/CHMP/158268/2017 (23 March 2017)
- 4. Guideline on clinical investigation of medicinal products in the treatment of hypertension – 9.Fixed-dose combinations, EMA/CHMP/29947/2013/Rev. 4 (23 June 2016)
- 5. .....

- ❖ No ***specific guidelines*** are available for the fixed-dose combination related to quality issues, meaning that the existing guidelines apply to ***pharmaceutical development!***
- ❖ What are the ***basic information*** needed, the ***possible strategies*** and other ***requirements*** to be fulfilled!?

## **1. Nuova combinazione** di **nuova DS (NAS)** con **DS nota** oppure di due **DS note**

### **Problematiche legate alle DSs (drug substances)**

- **Completa caratterizzazione DS nuova, quando applicabile**
- Solubilità in fluidi biologici pH 1-8
- Stabilità, ev. stabilizzazione
- Strategie per solubilità/dissoluzione
  - Amorfizzazione, effetto tampone, ...
  - Possibile introduzione di un sale e/o intermedio
- **Differente BCS class delle sostanze**
- Differenze di **dosaggio fra le DSs**
- **Compatibilità chimica e fisica con gli eccipienti**

### **Forma di dosaggio e sviluppo formulativo**

- **Compatibilità** della miscela delle DSs
- Necessita di **granulazione separata**
  - Es. instabilità/scarsa solubilità di una DS
- Eventuale ricorso a **doppia compressione** (bi-strato) o **doppia incapsulazione**
- Ricorso a forma ad **unità multiple**
  - Es.: minicompresse +granuli/pellets in capsule

## 2. Nuova combinazione di *nuova DS (NAS)* con *DS nota* oppure di due *DS note*

### *Sviluppo farmaceutico*

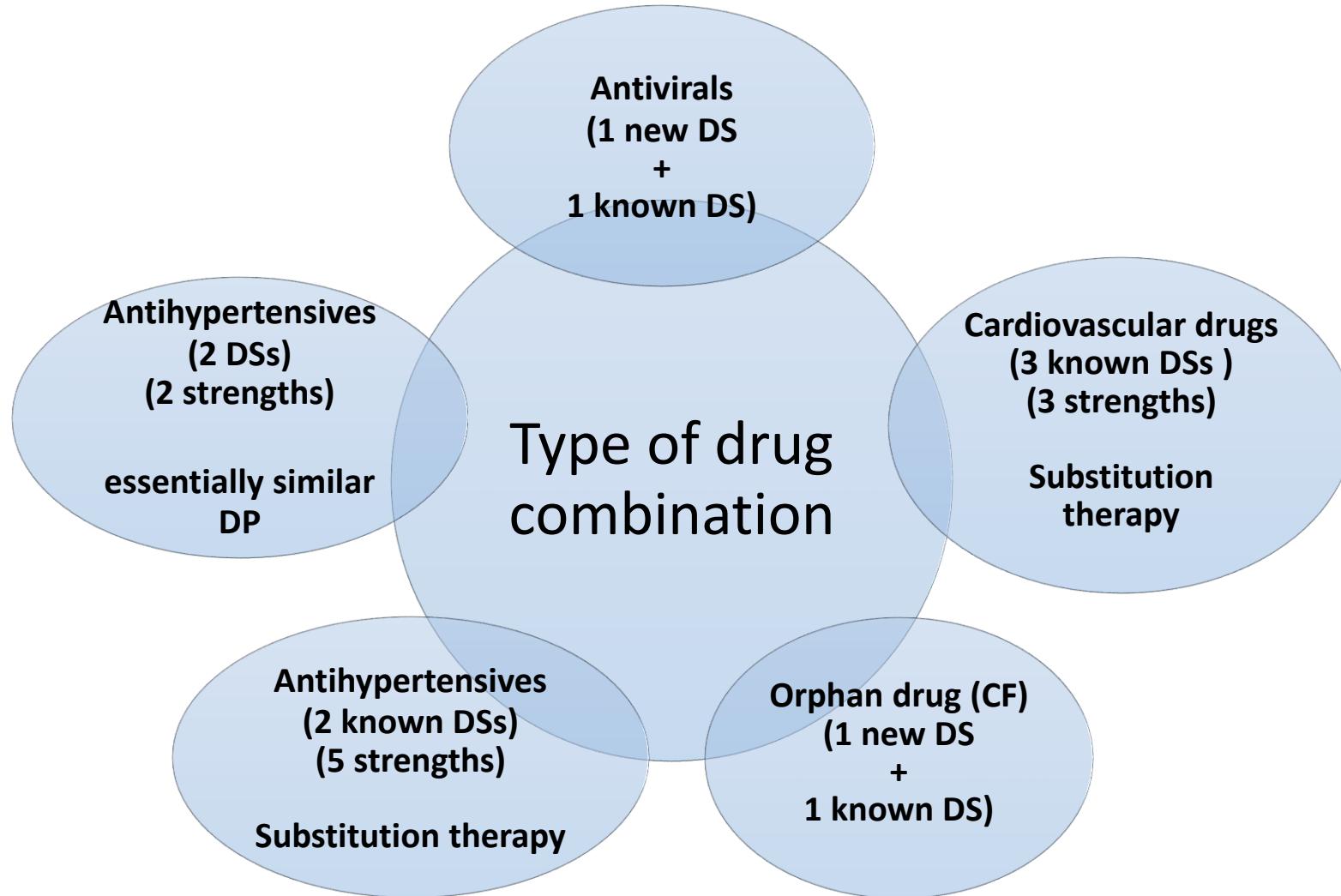
- Necessità di introdurre un *intermedio* di processo e relativo controllo
- Necessità di sviluppare *diverse formulazioni* (es con un sale o una dispersione solida) *della nuova DS*
- Necessità di *diversi dosaggi della nuova DS* da somministrate in combinazione libera
- Necessità di produrre *diversi rapporti* della combinazione fissa (*strengths*)
- Necessità di *bridging fra le varie formulazione usate nei trial clinici*

### *Sviluppo biofarmaceutico e clinico*

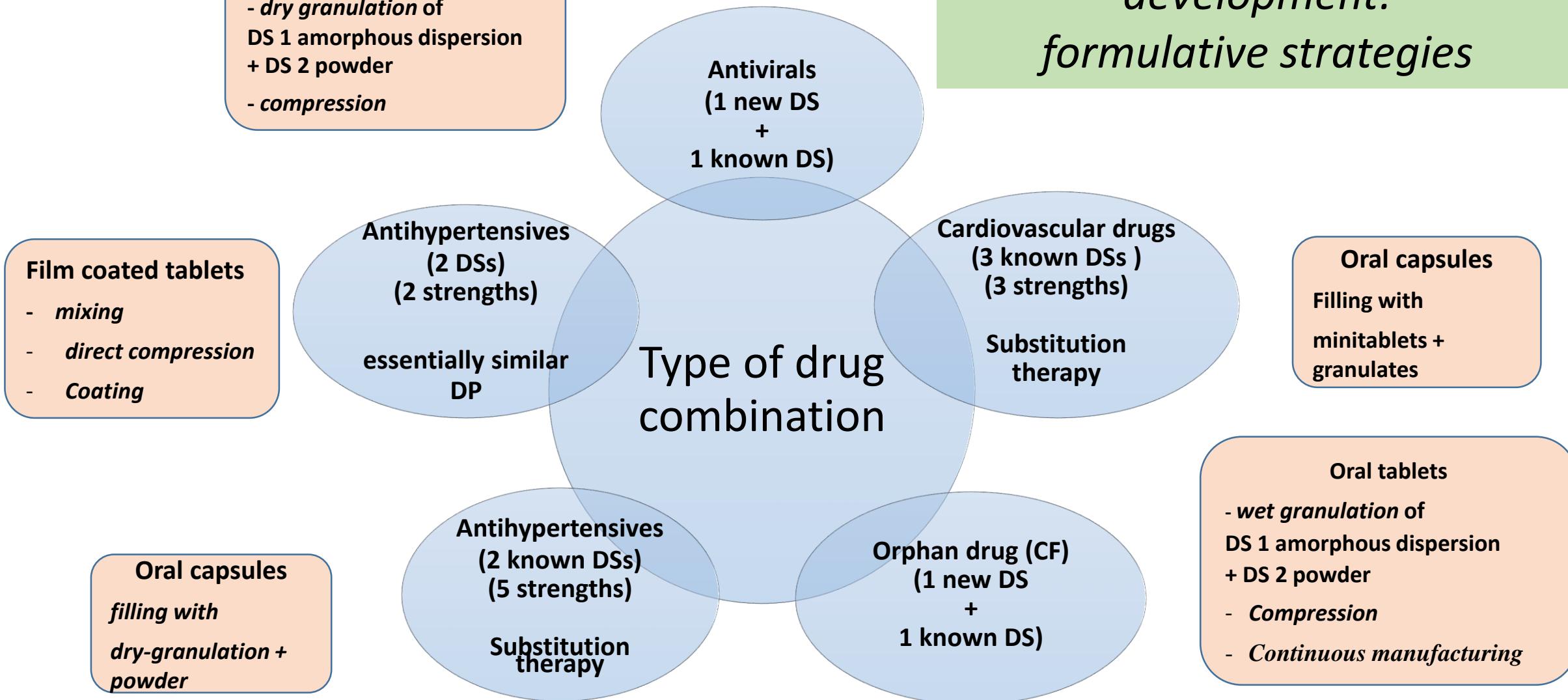
- Messa a punto/disponibilità di *un test di dissoluzione validato e discriminatorio* per entrambi le DS
- Se necessario mettere a punto *un doppio test di dissoluzione* per rispettare le condizioni di sink (diverse solubilità nei mezzi fisiologici)
- *Biowaiver* per *diversi dosaggi (strengths)*, laddove applicabile

- ❖ *Sviluppo clinico completo*
- ❖ Studi di *bioequivalenza*

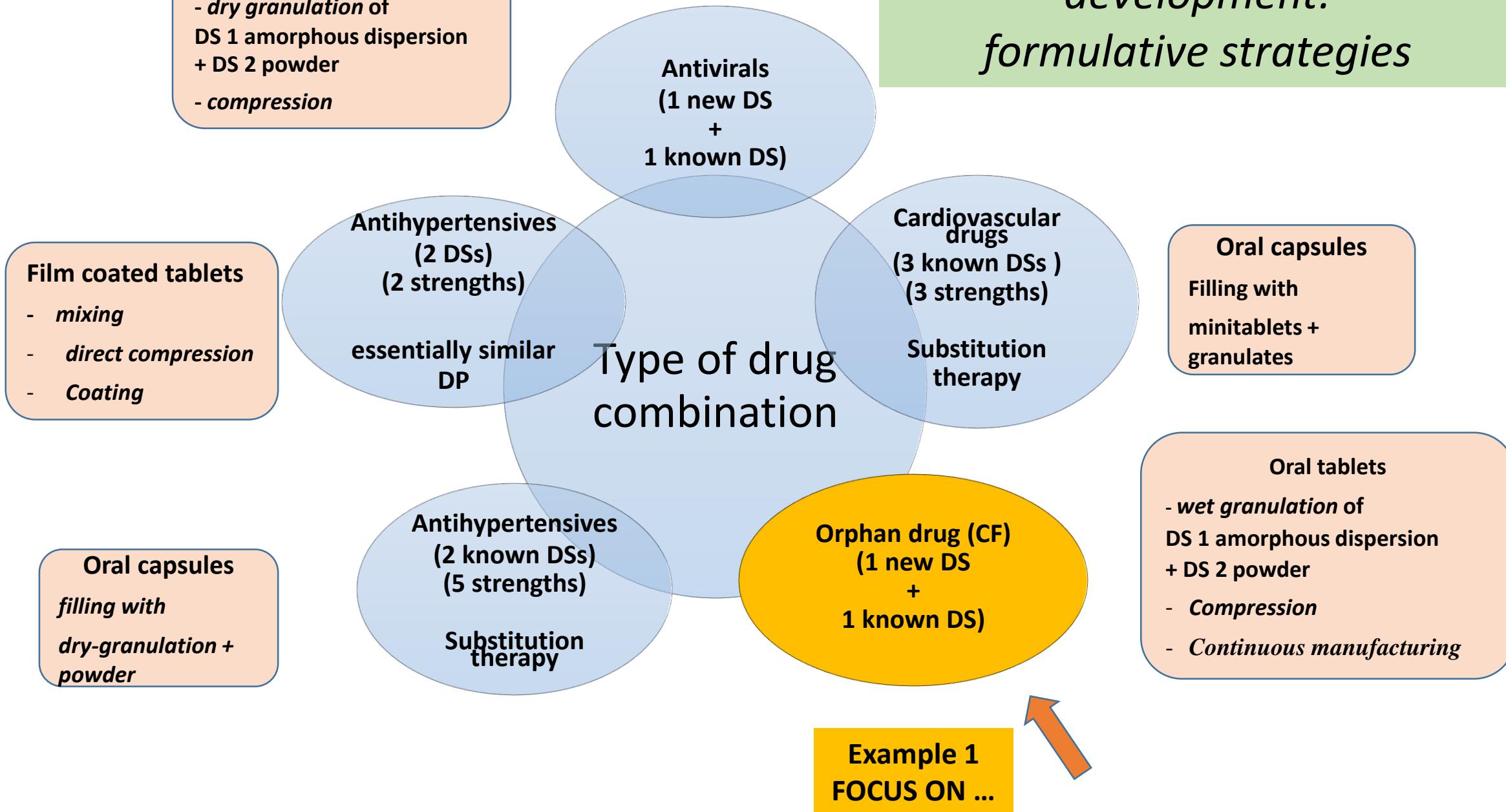
# Examples of *fixed-dose combination (FDC)products*



# *Examples of FDC products development: formulative strategies*



# Examples of FDC products development: formulative strategies



**Example 1 -New combination:** new DS 1 (NAS) plus known DS 2 (one strength 200/125 mg) developed as *orphan drug*

### Drug substance 1 (DS 1)

- Weak acidic and basic properties
- lipophilic
- Non hygroscopic
- Shows polymorphism, one form only used in clinical trials
- Practically insoluble in aqueous media (pH 1.0-8.0)

### Drug substance 2 (DS 2)\*

- Very weak acidic properties
- Highly lipophilic
- Low hygroscopicity
- Show polymorphism, stable in amorphous form
- Practically insoluble in aqueous media (pH 1.0-7.0)

\*In existing tablets it is used as spray-dried amorphous dispersion (*intermediate*) stabilized with hydrophilic polymer and wetting agent

# Example 1 - Pharmaceutical development

## Step 1

- Desirable properties: ***immediate release oral dosage swallowable, acceptable shape and size,*** reliable drug product quality
- ***Initial*** development of an ***immediate release dosage form*** containing DS 1 (***suspension, capsule or tablet***) used in clinical trials
- ***DS 2 already available*** in suitable dosage form and used as ***SDD intermediate***
- ***Moving to combination therapy*** new DS 1 formulations (eg smaller,...) are developed
- Then to enhance patient safety and compliance, ***a fixed dose combination*** DS 1/DS 2(FDC) (***200 mg/125 mg***) is developed
- no incompatibilities were detected between the two DSs, ***physical separation not required***

## Step 2

- A FDC tablet is obtained using known excipients and standard mft processes (***wet granulation then compression and coating***)
- It is based on ***the same formulation*** (and process) used in monotherapy (a portion of DS 1 in the intra-granular blend was replaced by DS 2 ***keeping the ratio of the excipients the same***)
- a FDC tablet containing ***200 mg DS1 and 83 mg DS2*** was also developed by changing the ratio of the drugs in the intra-granular blend, while ***keeping the ratio of the excipients the same***
- ***Bioequivalence*** demonstrated using either a fixed dose combination tablet (200 mg /125 mg ) or individual tablets

# *Example 1 - Pharmaceutical development*

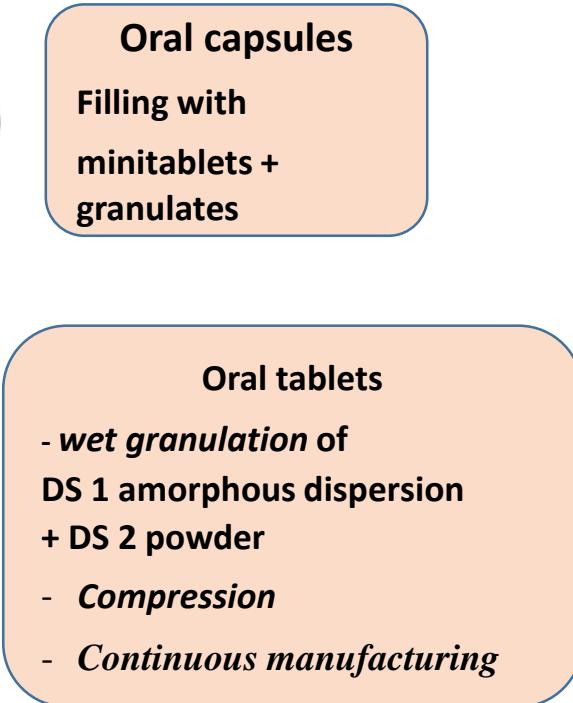
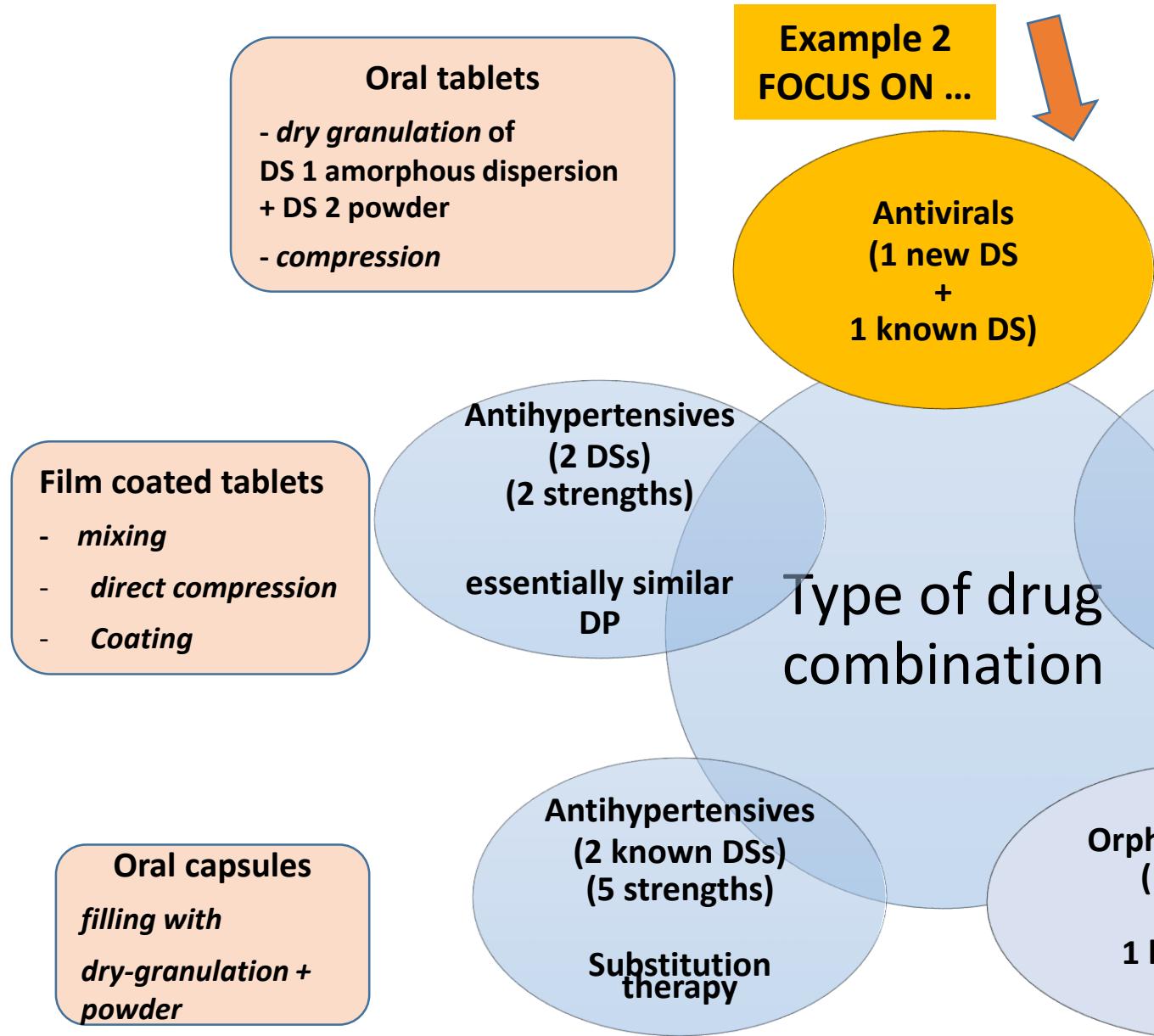
## Dissolution test dvl

- ***Two independent in-vitro dissolution methods***, one for each active ingredient, are developed for testing both the FDC tablet, 200/125 mg and the FDC tablet, 200/83 mg
- ***The dissolution of DS 1*** from the FDC tablets is determined using 0.4% sodium lauryl sulfate (SLS), pH 6.8 also in Ph.Eur. 2.9.3 apparatus 2
- ***The dissolution of DS 2*** from the FDC tablets is determined using a medium of 0.5% cetyltrimethylammonium bromide (CTAB), pH 4.5 in Ph.Eur. 2.9.3 apparatus 2

## Manufacturing process dvl

- Intensive implementation of QbD
- Spray-drying of DS 2  
1/polymer/surfactant mixture solvent solution
- Blending with DS (micronized) and excipients
- Wet granulation (screw granulator)
- Drying in fluid bed drier
- Second blending and compression
- Continuous manufacturing and extensive PAT

# Examples of FDC products development: formulative strategies



## *Example 2 - Pharmaceutical development*

### **Step 1**

- Known **DS 2 already available in immediate release FCT** obtained by dry granulation, compression and coating
- **No chemical incompatibilities** detected between the two drug substances
- **DS 1** crystalline form, practically insoluble in aqueous media, is transformed into a **solid dispersion by spray-drying (SDD)** a **drug-hydrophilic polymer solution** in organic solvent

### **Step 2**

- **SDD DS 1** is used as an **intermediate**
- The **unit dose of DS 1** allows for accommodation of the SDD within the existing tablet formulation of DS 2
- **SDD of DS 1** is mixed with **DS 2 in powder form**, added with filler-binders and **dry-granulated**
- The **combined dry granulation** is compressed to tablets eventually film coated

# Conclusione

## *rules of thumbs and lessons learned*

- Sviluppare una formulazione ***semplice e flessibile*** specialmente se ***DS NAS*** e in ***fase clinica 1*** (ev cambio di dosaggio)
- Tenere come base ***la formulazione della DS nota*** specialmente se possibile accomodare la DS nuova (es dosaggio più basso) o viceversa
- Nell'aggiungere nuovi dosaggi o strengths della FDC considerare le conseguenze in termini di ***numero di studi di BE*** necessari per il bridging
  - Se si tratta di una FDC per terapia di sostituzione (***2 o + DSs note***), lo sviluppo farm. è avvantaggiato ma ***non sfugge alle problematiche di compatibilità, solubilità, stabilità, ..***
  - problematiche di biowaiver per le ***diverse strengths***



Dipartimento di Scienze del  
Farmaco  
Università di Pavia - 9

Grazie per  
l'attenzione

